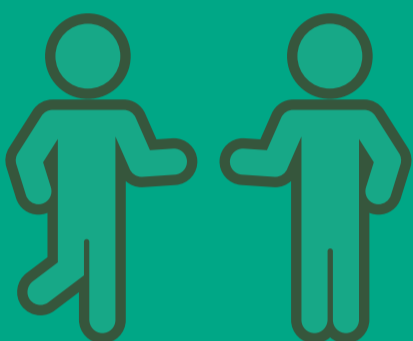


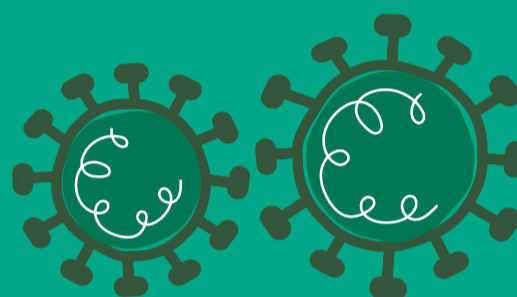
COVID-19

GENERAL INFORMATION

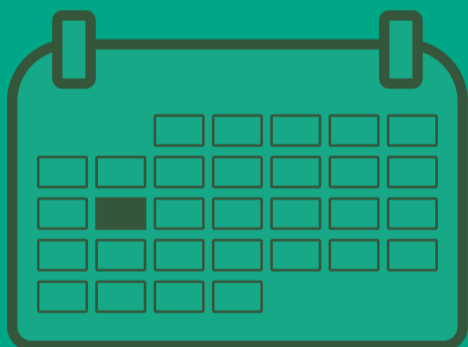
A new coronavirus, first identified in China in December 2019, has caused an outbreak of respiratory illness that the World Health Organization named COVID-19 in February 2020.



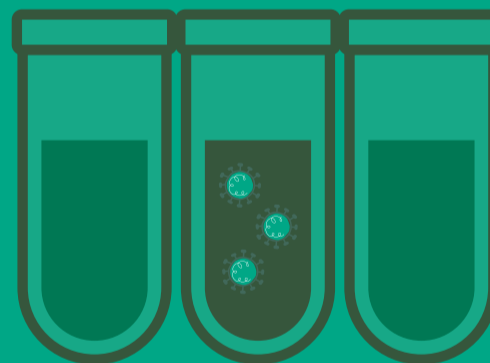
The virus usually spreads from **CLOSE PERSON-TO-PERSON CONTACT** through respiratory droplets, coughing and sneezing.



The virus may also spread **THROUGH AIRBORNE TRANSMISSION**. When tiny droplets remain in the air even after the infected person leaves the area.



SYMPTOMS MAY DEVELOP WITHIN 14 DAYS OF EXPOSURE to the virus.



Only **DESIGNATED LABORATORY TESTS** can diagnose the virus.

SYMPTOMS



Stuffy nose



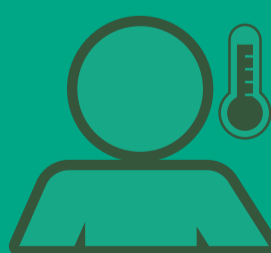
Cough



Weakness and drowsiness



Fatigue



Fever



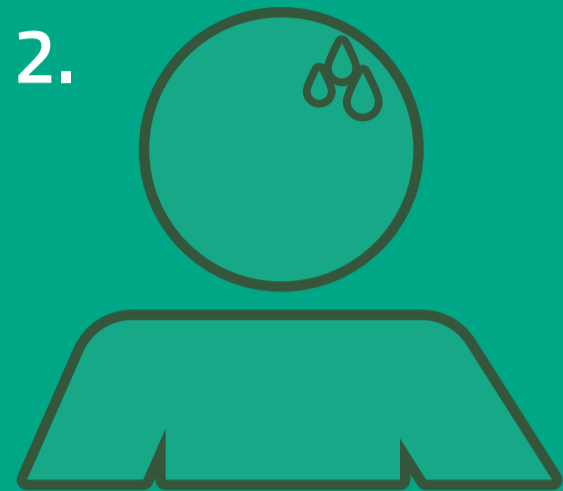
Shortness of breath

COVID-19 SYMPTOMS

IDENTIFY THEM!



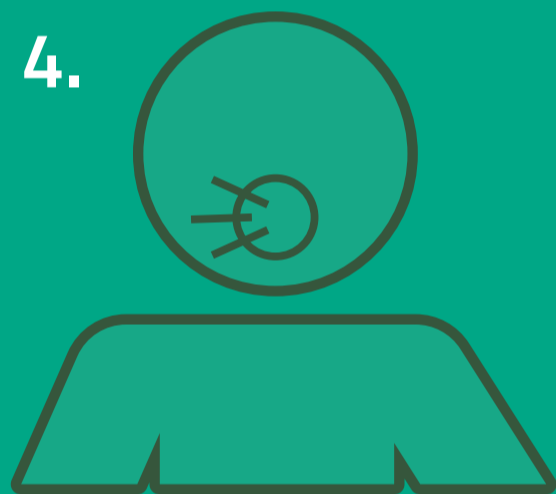
FATIGUE



WEAKNESS AND
DROWSINESS



FEVER



COUGH

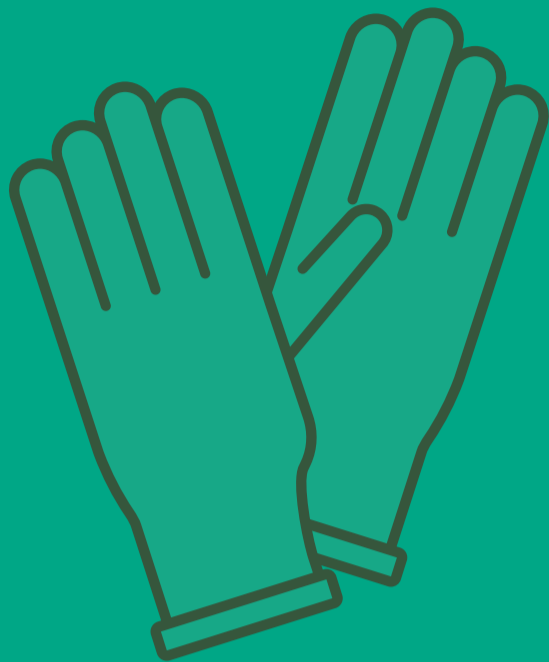


SHORTNESS OF
BREATH



STUFFY NOSE

HOW TO CLEAN AND DISINFECT SURFACES



Wear disposable gloves when cleaning and disinfecting surfaces. Gloves should be discarded after each cleaning.

If reusable gloves are used, those gloves should be dedicated for cleaning and disinfection of surfaces for COVID-19 and should not be used for other purposes.



If surfaces are dirty, they should be cleaned using a detergent or soap and water prior to disinfection.

For disinfection, diluted household bleach solutions, alcohol solutions with at least 70% alcohol, and most common EPA-registered household disinfectants should be effective.

For soft (porous) surfaces such as carpeted floor, rugs, and drapes, remove visible contamination if present and clean with appropriate cleaners indicated for use on these surfaces.

After cleaning:

Launder items as appropriate in accordance with the manufacturer's instructions. If possible, launder items using the warmest appropriate water setting for the items and dry items completely, or use products with the EPA-approved emerging viral pathogens claims that are suitable for porous surfaces.

HOME CARING

COVID-19 PATIENTS

1.



WASH YOUR HANDS!

Wash your hands for at least 20 seconds immediately before you put your face mask, gown, and gloves - and again after you take them off.

2.



COVER UP!

Wear a disposable face mask, gown, and gloves when you have contact with the person's blood or any body fluid.

3.



BIN IT!

Throw out disposable face masks, gowns, and gloves after using them - do not reuse them. Double bag your waste.

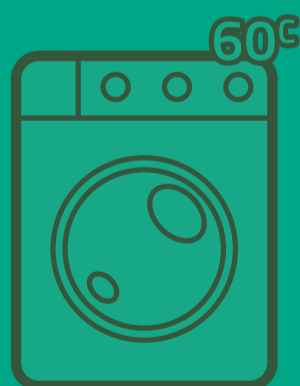
4.



CLEAN WITH DISINFECTANT!

Clean all "high-touch" surfaces regularly.

5.



WASH LAUNDRY!

Wash laundry used by the person regularly and separately at 60 degrees.

6.



LIMIT VISITS!

Limit visitors to only essential visitors. Reduce the spread of infection.

COVID-19

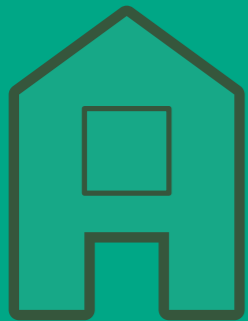


**REMEMBER TO WASH
YOUR HANDS!**

Use soap and warm water
for at least 20 seconds.

COVID-19

PREVENTION INFORMATION



STAY HOME IF YOU ARE SICK

(Except if you need medical attention)



WASH YOUR HANDS

Wash your hands with soap and water, every 3 hours, for at least 20 seconds.



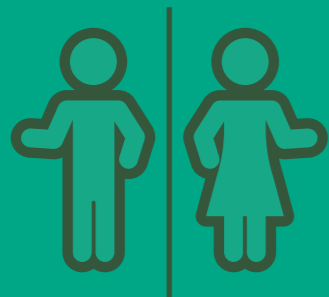
USE DISPOSABLE PAPER TOWELS

For proper hand washing avoid cloth hand towels or air dryers.



WORK FROM HOME PROTOCOLS

For staff members who may be ill with respiratory or related illness.



MAKE SURE HOT RUNNING WATER

Is available in all restroom and lavatory facilities.



DO NOT TOUCH YOUR FACE

And cover all coughs and sneezes with a tissue or your sleeve.



FACE MASKS ARE NOT NECESSARY FOR THE GENERAL PUBLIC

Only for health care professionals and individuals who are already sick.



CLEAN SURFACES REGULARLY

Clean all "high-touch" surfaces regularly. Using disinfectants.

PROTECT YOURSELF

FROM COVID-19

1.



#STAYHOME

Avoid going outside if not strictly necessary. Take care of yourself and others.

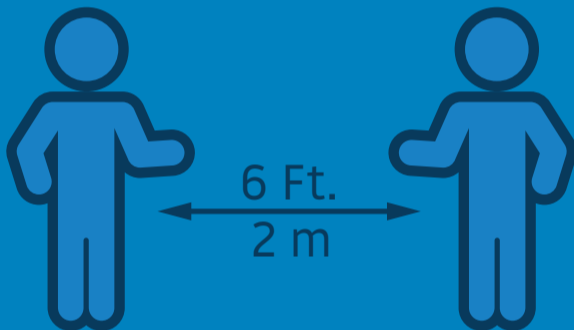
2.



WASH YOUR HANDS

Wash your hands with soap and water, every 3 hours, for at least 20 seconds.

3.



KEEP DISTANCE

Maintain a distance of 6 feet / 2 meters from others.

4.



CLEAN SURFACES REGULARLY

Clean all "high-touch" surfaces regularly. Using disinfectants.

5.



AVOID HANDSHAKES

Use creative ways to greet one another in order to avoid physical contact

6.



VENTILATE AND ILLUMINATE

Your house and your office.

COVER YOUR COUGH

STOP THE SPREAD OF GERMS THAT MAKE YOU AND OTHERS SICK



OR



Cover your mouth and nose with a tissue and put your used tissue in the waste basket.

Cough or sneeze into your sleeve, not your hands.

CLEAN YOUR HANDS AFTER COUGHING OR SNEEZING

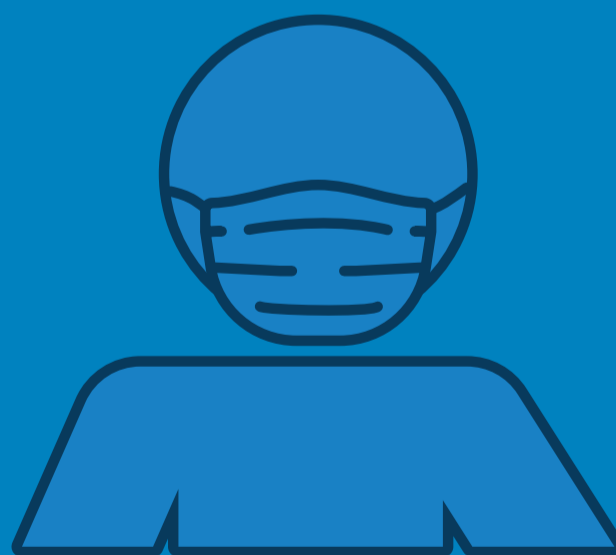


OR



Wash your hands with soap and warm water for at least 20 seconds.

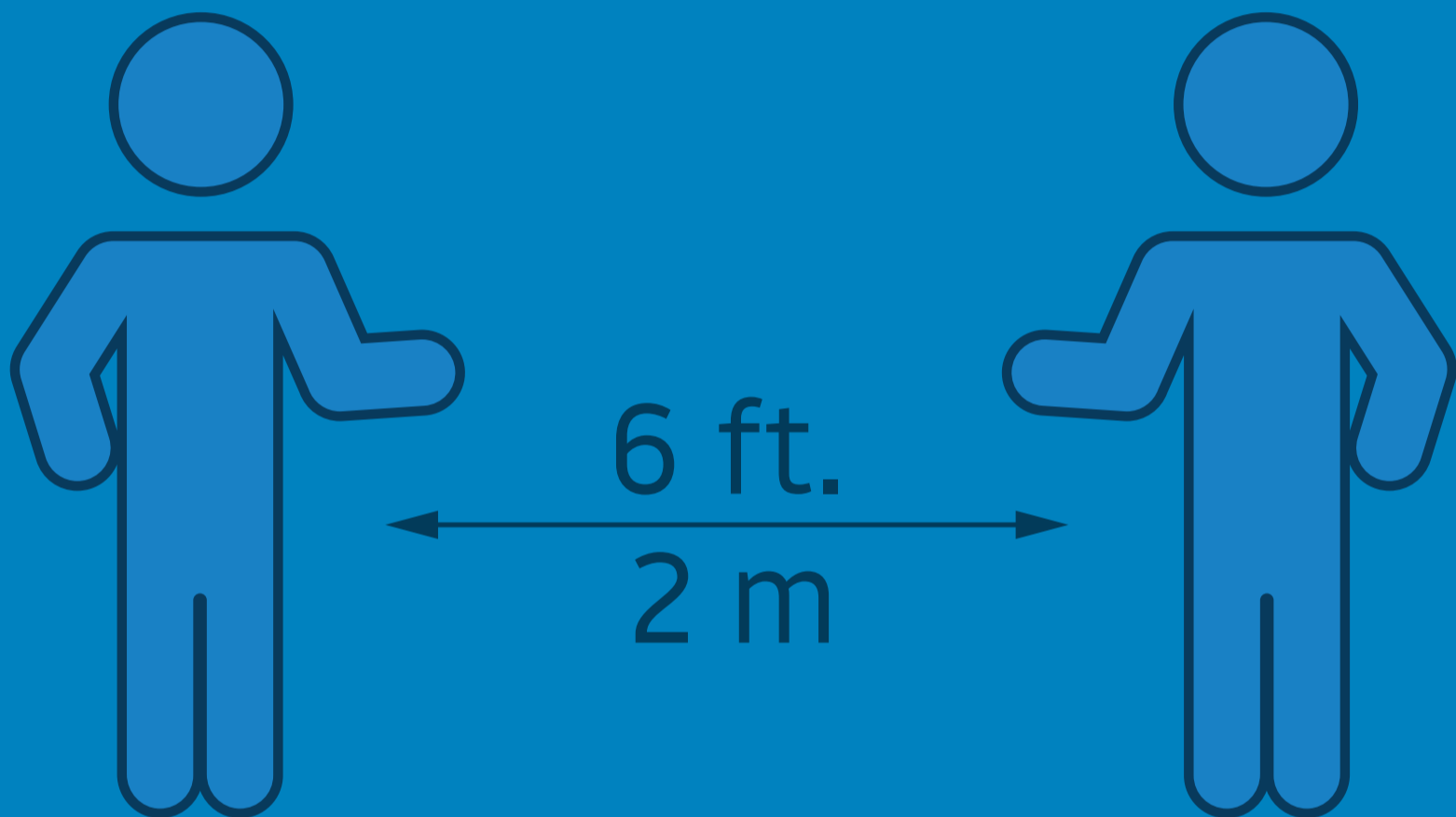
Clean hands with alcohol-based hand rub or sanitizer.



YOU MAY BE ASKED TO PUT A MASK ON TO PROTECT OTHERS

MAINTAIN YOUR DISTANCE!

AS A PUBLIC FACILITY, WE ARE ACTIVELY
ENCOURAGING SOCIAL DISTANCING.



AVOID CONTACT!

TO SUPPORT PUBLIC HEALTH,
PLEASE CONSIDER MAINTAINING A
MINIMUM DISTANCE OF 6 FEET / 2 METERS
FROM OTHERS DURING YOUR VISIT TODAY!

HAND WASHING GUIDE

GOOD HYGIENE SAVES LIVES



Wet hands with water.



Apply enough soap to cover all hand surfaces.



Rub hands palm to palm.



Right palm over left dorsum with interlaced fingers and vice versa.



Palm to palm with fingers interlaced.



Backs of fingers to opposing palms with fingers interlocked.



Rotational rubbing of left thumb clasped in right palm and vice versa.



Rotational rubbing, backwards and forwards with clasped fingers or right hand in left palm and vice versa.



Rinse hands with water.



Dry thoroughly with a single use towel.



Use towel to turn off faucet.



...now your hands are safe.

COVID-19

HEALTH ALERT!

We care deeply about the safety of our patients and visitors. If you are feeling ill, or you are under 16 years of age, we ask that you do not visit the hospital at this time.

Thank you.